

The purpose of this study is the diagnosis of lung diseases caused by mycobacteria.

MATERIAL REQUIRED

Sterile 100 ml wide-mouth screw-capped bottle, one per request, sold in pharmacies.

PREPARATION OF THE PATIENT

No prior preparation is required for the test.

PROCEDURE FOR SAMPLE COLLECTION BY THE CENTRE:

This procedure consists of the collection of 1, 2 or 3 sputum samples according to your doctor's requests, for subsequent analysis in the laboratory.

It is important that the samples are of good quality, so they should be as representative as possible of the lower airway, where the focus of infection is, so a deep expectoration should be obtained. **Saliva is not a valuable sample.** Samples that do not meet the minimum required quality may be rejected by the laboratory due to their non-diagnostic value.

If more than one sample is requested, these must be obtained on the day(s) immediately prior to the appointment, with the last sample coinciding with the day of the appointment.

Sputum should be collected first thing in the morning on 1, 2 or 3 different days as requested by your doctor.

Please rinse your mouth, without using a toothbrush and on an empty stomach, and try to expectorate deeply.

Sputum should be deep and should be brought up with a coughing sound, avoiding clearing the throat. Close the container so that the lid is tight and airtight. Keep the samples in the refrigerator properly sealed and identified until delivery to the laboratory.

If you have any further questions, please do not hesitate to contact Analiza by email at atencionalpaciente@analizalab.com or by telephone on 902 67 64 57.