

## **PURPOSE**

This test is indicated for the analysis of various substances in the urine that are derived from the “Haem” group, a constituent of haemoglobin.

## **PREPARATION OF THE PATIENT**

In general, no diet or preparation is required, unless otherwise indicated by the prescribing physician.

This involves collecting 24-hour urine in general, any day, unless your doctor instructs you to collect urine when you notice certain symptoms.

## **COLLECTION INSTRUCTIONS**

A 24-hour urine collection bottle sold in pharmacies should be available; if the patient considers this to be insufficient, 2 bottles should be available.

It involves collecting all urine for 24 hours, exchanging the first urine of the morning of the day you start collecting for the first urine of the morning of the day you finish collecting.

That is, on the day you start 24-hour urine collection you should not collect the first urine of the morning, that volume is flushed down the toilet.

After that, all urine shall be collected in the collection bottle, morning, afternoon and evening (in the case of night-time urination).

The next morning, if the first urine of the morning should be collected in the 24 h container. The entire sample must be delivered to the laboratory on the same day as the collection is completed.

The collection bottle or container shall be kept in a refrigerator for 24 hours during collection.

**It is very important that the bottle is protected from natural light during collection and transport to the laboratory**

## **RESPONSE TIME OR RESULT**

20 days.

If you have any further questions, please do not hesitate to contact Analiza by email at [atencionalpaciente@analizalab.com](mailto:atencionalpaciente@analizalab.com) or by telephone on 902 67 64 57.