

PURPOSE

This test is indicated for the analysis of various substances in the urine that are derived from the “Haem” group, a constituent of haemoglobin.

PREPARATION

In general, no diet or preparation is required, unless otherwise instructed by the prescribing physician.

This involves collecting 24-hour urine in general, any day, unless your doctor instructs you to collect urine when you notice certain symptoms

COLLECTION INSTRUCTIONS

A 24-hour urine collection bottle sold in pharmacies should be available; if the patient considers this to be insufficient, 2 bottles should be available.

It involves collecting all urine for 24 hours, exchanging the first urine of the morning of the day you start collecting for the first urine of the morning of the day you finish collecting. That is, on the day you start 24-hour urine collection, do NOT collect the first urine in the morning, that volume is flushed down the toilet.

After that, all urine shall be collected in the collection bottle, morning, afternoon and evening (in the case of night-time urination).

The next morning, if the first urine of the morning should be collected in the 24 h collection bottle. It must be delivered to the laboratory on the same day as the end of the collection.

The collection bottle or container shall be kept in a refrigerator for 24 hours during collection. It is very important that the container is **protected from natural light** from the time urine collection begins until it is delivered to the laboratory

RESPONSE TIME OR RESULT

20 days.

If you have any further questions, please do not hesitate to contact Analiza by email at atencionalpaciente@analizalab.com or by telephone on 902 67 64 57.